

# isha Lunar Calendar

2024	Amavasya			Linga Snanam	Purnima			Ekadashi	Pradosham	Shivaratri / Pancha Bhuta Kriya	Purnima Pooja / Linga Bhairavi Yantra Pooja / Devi Procession / Shivanga Initiation	Linga Seva	Devi Seva	Sadhguru Sannidhi Pooja	Important Days / Celebrations / Remarks
	Duration	Meditation / Shivanga Yatra / Kalabhairava Shanti	Offering		Duration	Meditation	Offering								
January	10th 8:05 pm to 11th 6:31 pm	10 (Wed)	11 (Thu)	2, 10, 11, 18, 24, 25	24th 10:44 pm to 25th 11:56 pm	24 (Wed)	25 (Thu)	7 (Sun), 21 (Sun)	9 (Tue), 23 (Tue)	9 (Tue)	25 (Thu)	Dec 31 - Jan 11, Jan 9 - 18, Jan 16 - 25, Jan 23 - Feb 1	Gents - Jan 7 - Jan 25, Ladies - Jan 19 - Feb 9	1, 8, 11, 15, 22, 25, 29	1 - English New Year (Mon) 12 - National Youth Day (Fri) 14 - Bhogi (Sun) 15 - Thai Pongal, Uttarayana (Mon) 16 - Mattu Pongal (Tue) 17 - Farmer's Day (Wed) 25 - Thaipusam, Linga Bhairavi Devi Aradhana - 14th Year, Vijji Amma Aradhana (Thu) 26 - Republic Day (Fri) 30 - Thiagarajar Aradhana (Tue)
February (29 Days)	9th 7:53 am to 10th 4:34 am	9 (Fri) - Thai Amavasya	9 (Fri)	1, 8, 9, 16, 23, 24	23rd 4:55 pm to 24th 6:51 pm	23 (Fri)	24 (Sat)	6 (Tue), 20 (Tue)	7 (Wed), 21 (Wed)	8 (Thu)	24 (Sat)	Jan 30 - Feb 9, Feb 7 - 16, Feb 14 - 24, Feb 22 - Mar 2	Gents - Feb 5 - Feb 24, Ladies - Feb 20 - Mar 10	5, 9, 12, 19, 24, 26	9 - Thai Amavasya (Fri) 24 - Masi Magam (Sat)
March	9th 6:01 pm to 10th 3:39 pm	9 (Sat)	9 (Sat), 10 (Sun)	2, 6, 10, 17, 23, 25	24th 11:25 am to 25th 1:16 pm	24 (Sun)	24 (Sun), 25 (Mon)	6 (Wed), 20 (Wed)	8 (Fri), 22 (Fri)	8 (Fri) - (8th 8:20 pm to 9th 6:00 pm)	24 (Sun)	Feb 29 - Mar 10, Mar 8 - 17, Mar 15 - 25, Mar 23 - Apr 1	Gents - Mar 4 - Mar 25, Ladies - Mar 21 - Apr 8	4, 9, 11, 18, 24, 25	5 (Tue) to 7 (Thu) - Yaksha Celebrations 8 - Mahashivaratri - 30th Year at Isha, Yogeshwar Linga Consecration Day - 7th Year, International Women's Day (Fri) 14 - Karadayana Nonbu (Thu) 20 - Saptarishi Avahanam (Bengaluru), Spring Equinox (8:36 am) (Wed) 21 - World Forestry Day (Thu) 22 - World Water Day (Fri) 25 - Holi, Panguni Uthiram, Penumbral Lunar Eclipse - Not visible in India (Mon) 29 - Good Friday (Fri)
April	8th 2:55 am to 9th 12:36 am	8 (Mon)	8 (Mon)	1, 7, 8, 15, 22, 23, 30	23rd 4:21 am to 24th 5:54 am	23 (Tue)	23 (Tue)	4 (Thu), 19 (Fri)	6 (Sat), 21 (Sun)	7 (Sun)	23 (Tue)	Mar 30 - Apr 8, Apr 6 - 15, Apr 13 - 23, Apr 21 - Apr 30	Gents - Apr 4 - Apr 23, Ladies - Apr 19 - May 7	1, 8, 15, 22, 23, 29	1 - Patanjali Jayanthi (Moolam Nakshatram) (Mon) 7 - World Health Day (Sun) 8 - Total Solar Eclipse - Not visible in India (Mon) 9 - Telugu New Year, Ugadi (Tue) 11 - Ramadan (Eid ul-Fitr) (Thu) 14 - Tamil New Year (Sun) 17 - Sri Ram Navami (Wed) 21 - Mahavir Jayanti (Sun) 22 - World Earth Day (Mon) 23 - Chitra Purnima (Tue)
May	7th 11:18 am to 8th 9:19 am	7 (Tue)	7 (Tue)	6, 7, 14, 22, 23, 30	22nd 7:14 pm to 23rd 7:48 pm	22 (Wed)	23 (Thu)	4 (Sat), 19 (Sun)	5 (Sun), 20 (Mon)	6 (Mon)	23 (Thu)	Apr 28 - May 7, May 5 - 14, May 12 - 23, May 21 - May 30	Gents - May 3 - May 23, Ladies - May 19 - Jun 6	6, 7, 13, 20, 23, 27	1 - Labor Day (Wed) 3 - Thirunavukarasar Jayanti (Sathayam Nakshatram) (Fri) 4 (Sat) to 28 (Tue) - Agni Nakshatram 12 - Mother's Day (2nd Sun) 22 - Vaikasi Visagam (Wed) 23 - Buddha Purnima (Thu)
June	5th 7:56 pm to 6th 6:40 pm	5 (Wed)	6 (Thu)	5, 6, 13, 20, 21, 28	21st 7:45 am to 22nd 7:19 am	21 (Fri)	21 (Fri)	2 (Sun), 17 (Mon)	4 (Tue), 19 (Wed)	4 (Tue)	21 (Fri)	May 28 - Jun 6, Jun 4 - 13, Jun 11 - 21, Jun 19 - Jun 28	Gents - Jun 2 - Jun 21, Ladies - Jun 17 - Jul 5	3, 6, 10, 17, 21, 24	5 - World Environment Day (Wed) 17 - Bakrid (Eid ul-Adha) (Mon) 21 - International Day of Yoga, World Music Day, Summer Solstice (2:20 am) (Fri) 24 - Dhyanalina Consecration Day - 25th Year (Mon)
July	5th 4:56 am to 6th 5:00 am	5 (Fri)	5 (Fri)	4, 5, 12, 20, 21, 28	20th 6:10 pm to 21st 4:51 pm	20 (Sat)	21 (Sun)	1 (Mon), 17 (Wed), 31 (Wed)	3 (Wed), 19 (Fri)	4 (Thu)	21 (Sun)	Jun 26 - Jul 5, Jul 3 - 12, Jul 10 - 21, Jul 19 - Jul 28	Gents - Jul 1 - Jul 21, Ladies - Jul 17 - Aug 4	1, 5, 8, 15, 20, 22, 29	1 (Mon) to 7 (Sun) - Van Mahotsav 12 - Ani Uthirai (Fri) 17 - Muharram (Wed) 21 - Guru Purnima - 30th Year at Isha, Dakshinayana (Sun) 28 - World Nature Conservation Day (Sun)
August	3rd 4:56 pm to 4th 5:32 pm	3 (Sat) - Adi Amavasya	4 (Sun)	3, 4, 11, 18, 19, 26	19th 3:07 am to 20th 1:09 am	19 (Mon)	19 (Mon)	15 (Thu), 29 (Thu)	1 (Thu), 17 (Sat), 31 (Sat)	2 (Fri)	19 (Mon)	Jul 26 - Aug 4, Aug 2 - 11, Aug 9 - 19, Aug 17 - 26, Aug 24 - Sep 2	Gents - Jul 31 - Aug 19, Ladies - Aug 15 - Sep 2	3, 5, 12, 19, 26	3 - Adi Perukku (Sat) 3/4 - Adi Amavasya (Sun) 7 - Adi Pooram (Wed) 9 - Naga Panchami (Fri) 15 - Independence Day - 78th (Thu) 16 - Varalakshmi Vratam (Fri) 19 - Avani Avittam (Mon) 26 - Gokulashanti (Mon)
September	2nd 6:33 am to 3rd 7:59 am	2 (Mon)	2 (Mon)	1, 2, 9, 16, 17, 24	17th 11:22 am to 18th 9:10 am	17 (Tue)	17 (Tue)	14 (Sat), 28 (Sat)	15 (Sun), 30 (Mon)	1 (Sun), 30 (Mon)	17 (Tue)	Aug 31 - Sep 9, Sep 7 - 17, Sep 15 - 24, Sep 22 - Oct 2	Gents - Aug 29 - Sep 17, Ladies - Sep 13 - Oct 2	2, 9, 16, 17, 23, 30	3 - Day for River Revitalization (Tue) 7 - Vinayagar Chaturthi (Sat) 15 - Onam (Sun) 16 - Milad Nabi (Mon) 18 - Penumbral Lunar Eclipse - Not visible in India (Wed) 21 - International Day of Peace (Sat) 22 - World Rivers Day (4th Sun) Autumn Equinox (6:13 pm) (Sun) 23 - Sadhguru's Enlightenment Day (Mon)
October	1st 10:35 pm to 3rd 12:34 am	1 (Tue), 2 (Wed) - Mahalaya Amavasya, 31 (Thu)	2 (Wed)	1, 2, 9, 16, 17, 24, 31	16th 7:56 pm to 17th 5:25 pm	16 (Wed)	17 (Thu)	13 (Sun), 27 (Sun)	15 (Tue), 29 (Tue)	30 (Wed)	17 (Thu)	Sep 30 - Oct 9, Oct 7 - 17, Oct 15 - 24, Oct 22 - Nov 1	Gents - Sep 26 - Oct 17, Ladies - Oct 13 - Nov 1	2, 7, 14, 17, 21, 28	2 - Mahalaya Amavasya, Annular Solar Eclipse - Not visible in India Gandhi Jayanti (Wed) 3 (Thu) to 11 (Fri) - Navratri Abhishekam - Linga Bhairavi 3 - World Nature Day (Thu) 11 - Ayudha Pooja, Saraswati Pooja, Maha Navami, International Girl Child Day (Fri) 12 - Vijaya Dashami, Dussehra, Vidyardham (Sat) 16 - World Food Day (Wed) 17 - Almost Lunar Eclipse - Not visible on earth (Thu) 31 - Diwali (Thu)
November	Oct 31st 4:29 pm to Nov 1st 6:25 pm & Nov 30th 11:04 am to Dec 1st 12:19 pm	30 (Sat)	1 (Fri), 30 (Sat)	1, 8, 14, 15, 22, 29	15th 3:53 am to 16th 3:42 am	15 (Fri)	15 (Fri)	12 (Tue), 26 (Tue)	13 (Wed), 28 (Thu)	29 (Fri)	15 (Fri)	Oct 30 - Nov 8, Nov 6 - 15, Nov 13 - 22, Nov 20 - Dec 1	Gents - Oct 28 - Nov 15, Ladies - Nov 11 - Dec 1	1, 4, 11, 15, 18, 25, 30	14 - Children's Day, World Diabetes Day (Thu) 15 - Guru Nanak Jayanti (Fri) 16 - Karthigai - Iyyappa season starts (Sat) 22 - Kalabhairava Ashtami (Fri)
December	30th 4:44 am to 31st 5:03 am	30 (Mon)	1 (Sun), 30 (Mon)	1, 8, 14, 15, 22, 29, 30, Jan 6	14th 4:18 pm to 15th 3:13 pm	14 (Sat)	15 (Sun)	11 (Wed), 26 (Thu)	13 (Fri), 28 (Sat)	29 (Sun)	15 (Sun)	Nov 29 - Dec 8, Dec 6 - 15, Dec 13 - 22, Dec 20 - Dec 30, Dec 28 - Jan 6	Gents - Nov 27 - Dec 15, Ladies - Dec 11 - Dec 30, Gents - Dec 26 - Jan 13	2, 9, 14, 16, 23, 30, Jan 6	5 - World Soil Day (Thu) 13 - Dhyanalina Offering Day - 25th Year, Karthigai Deepam (Fri) 16 - Margazhi starts (Mon) 19 - Agastya Jayanti (Ayilyam Nakshatram) (Thu) 21 - Saptarishi Arati, Winter Solstice (2:49 pm) (Sat) 25 - Christmas (Wed) 31 - New Year's Eve (Tue)

**Sadhguru Sannidhi (Bengaluru) events -** Jan 15 - Yogeshwar Linga Consecration Day - 1st Year (Mon), Mar 20 - Saptarishi Avahanam (Bengaluru), Spring Equinox (8:36 am) (Wed), Aug 9 - Naga Panchami (Fri), Oct 17 - Naga Consecration Day - 2nd Year (Ashwin Purnima) (Thu)

**Linga Bhairavi (Nepal) events -** Mar 25 - Linga Bhairavi Devi Aradhana - 1st Year (Fagu Purnima, Holi) (Mon)