



# Isha Lunar Calendar

2023	AMAVASYA			LINGA SNANAM	PURNIMA			EKADASHI	SHIVARATRI, PANCH BHUTA KRIYA	PURNIMA POOJA, LINGA BHAIKAVI YANTRA POOJA, DEVI PROCESSION, SHIVANGA INITIATION	LINGA SEVA	DEVI SEVA	SADHGURU SANNIDHI POOJA	IMPORTANT DAYS, CELEBRATIONS, REMARKS	
	Duration	Meditation, Shivanga Yatra, Kalabhairava Shanti	Offering		Duration	Meditation	Offering								
JAN	21st 4:25 am to 22nd 3:20 am	21 (Sat) - Thai Amavasya	21 (Sat)	5, 6, 13, 20, 21, 28	6th 2:57 am to 7th 4:54 am	6 (Fri)	6 (Fri)	2 (Mon), 18 (Wed)	20 (Fri)	6 (Fri)	Dec 28 - Jan 6 Jan 4 - 13 Jan 11 - 21 Jan 19 - 28 Jan 26 - Feb 5	Gents: Dec 19 - Jan 6 Ladies: Jan 2 - Jan 21 Gents: Jan 17 - Feb 5 Ladies: Jan 30 - Feb 20	2, 6, 9, 16, 21, 23, 30	01 English New Year (Sun) 02 Vaikuntha Ekadashi (Mon) 06 Arudra Darshan (Fri) 09 Agastya Jayanti (Ayilyam Nakshathram - 9th 6:06 am to 10th 9:01 am) (Mon) 11 Thiagarajar Aradhana (Wed)	12 National Youth Day (Thu) 14 Bhogi (Sat) 15 Thai Pongal, Uttarayana (Sun) 16 Mattu Pongal (Mon) 17 Farmer's Day (Tue) 21 Thai Amavasya (Sat) 26 Republic Day (Thu)
FEB	19th 4:04 pm to 20th 1:47 pm	19 (Sun)	19 (Sun), 20 (Mon)	4, 5, 12, 16, 20, 27	4th 10:41 pm to 6th 12:48 am	4 (Sat), 5 (Sun)	5 (Sun)	1 (Wed), 16 (Thu)	18 (Sat) - (18th 6:25 pm to 19th 4:03 pm)	5 (Sun)	Feb 3 - Feb 12 Feb 10 - 20 Feb 18 - 27 Feb 25 - Mar 7	Gents: Feb 14 - Mar 7	5, 6, 13, 19, 20, 27	05 Thaipusam, Linga Bhairavi Devi Aradhana - 13th Year, Vijji Amma Aradhana (Sun)	18 Mahashivaratri - 29th Year at Isha, Yogeshwar Linga Consecration Day - 7th Year (Sat) 19 (Sun) to 21 (Tue) Yaksha Celebrations
MAR	21st 1:54 am to 22nd 12:01 am	21 (Tue)	21 (Tue)	6, 7, 14, 20, 21, 28	6th 5:39 pm to 7th 7:14 pm	6 (Mon)	7 (Tue)	2 (Thu), 17 (Fri)	20 (Mon)	7 (Tue)	Mar 5 - Mar 14 Mar 12 - 21 Mar 19 - 28 Mar 26 - Apr 5	Ladies: Mar 3 - Mar 21 Gents: Mar 17 - Apr 5	6, 7, 13, 20, 21, 27	06 Masi Magam (Mon) 07 Holi (Tue) 08 International Women's Day (Wed) 15 Karadaiyan Nonbu (Wed)	21 Spring Equinox (2:54 am), World Forestry Day (Tue) 22 Telugu New Year, Ugadi, World Water Day (Wed) 30 Sri Ram Navami (Thu)
APR	19th 11:44 am to 20th 10:28 am	19 (Wed)	19 (Wed)	4, 5, 12, 18, 19, 26	5th 10:17 am to 6th 10:58 am	5 (Wed)	5 (Wed)	1 (Sat), 16 (Sun)	18 (Tue)	5 (Wed)	Apr 3 - Apr 12 Apr 10 - 19 Apr 17 - 26 Apr 24 - May 5	Ladies: Apr 1 - Apr 19 Gents: Apr 15 - May 5	3, 5, 10, 17, 19, 24	04 Mahavir Jayanti (Tue) 05 Panguni Uthiram (Wed) 07 Good Friday, World Health Day (Fri) 14 Tamil New Year (Fri)	20 Total Solar Eclipse (Not visible in India) (Thu) 22 Ramadan (Eid ul-Fitr) World Earth Day (Sat)
MAY	18th 10:09 pm to 19th 9:47 pm	18 (Thu)	19 (Fri)	4, 5, 12, 18, 19, 26	4th 11:59 pm to 5th 11:33 pm	4 (Thu)	5 (Fri)	1 (Mon), 15 (Mon), 31 (Wed)	17 (Wed)	5 (Fri)	May 3 - May 12 May 10 - 19 May 17 - 26 May 24 - Jun 3	Ladies: May 1 - May 19 Gents: May 15 - Jun 3 Ladies: May 30 - Jun 17	1, 5, 8, 15, 19, 22, 29	01 Labor Day (Mon) 04 (Thu) to 29 (Mon) - Agni Nakshatram	05 Chitra Purnima, Buddha Purnima, Penumbra Lunar Eclipse (5th 8:44 pm to 6th 1:01 am) (Fri) 14 Mother's Day (2nd Sun)
JUN	17th 9:49 am to 18th 10:24 am	17 (Sat)	17 (Sat)	2, 3, 10, 16, 17, 24	3rd 10:54 am to 4th 9:34 am	3 (Sat)	3 (Sat)	14 (Wed), 29 (Thu)	16 (Fri)	3 (Sat)	Jun 1 - Jun 10 Jun 8 - 17 Jun 15 - 24 Jun 22 - Jul 3	Gents: Jun 13 - Jul 3 Ladies: Jun 29 - Jul 17	3, 5, 12, 17, 19, 26	02 Vaikasi Visagam (Fri) 05 World Environment Day (Mon) 21 International Day of Yoga, Summer Solstice (8:27 pm) (Wed)	24 Dhyanalinga Consecration Day - 24th Year (Sat) 26 Ani Uthiram (Mon) 29 Bakrid (Eid ul-Adha) (Thu)
JUL	16th 11:05 pm to 18th 12:30 am	16 (Sun) - Kalabhairava Shanti, 17 (Mon)	17 (Mon)	2, 3, 10, 16, 17, 24, 31	2nd 7:46 pm to 3rd 5:49 pm	2 (Sun)	3 (Mon)	13 (Thu), 28 (Fri)	15 (Sat)	3 (Mon)	Jul 1 - Jul 10 Jul 8 - 17 Jul 15 - 24 Jul 22 - Aug 1 Jul 30 - Aug 8	Gents: Jul 13 - Aug 1 Ladies: Jul 28 - Aug 16	3, 10, 17, 24, 31	01 (Sat) to 7 (Fri) - Van Mahotsav 03 Guru Purnima - 29th Year at Isha, Dakshinayana (Mon) 22 Adi Pooram (Sat)	28 World Nature Conservation Day (Fri) 29 Muharram (Sat)
AUG	15th 1:55 pm to 16th 3:50 pm	15 (Tue) - Adi Amavasya	15 (Tue), 16 (Wed)	1, 8, 14, 16, 23, 29, 30	1st 3:26 am to 2nd 1:05 am & 30th 10:46 am to 31st 8:17 am	1 (Tue), 30 (Wed)	1 (Tue), 30 (Wed)	11 (Fri), 27 (Sun)	14 (Mon)	1 (Tue), 30 (Wed)	Aug 6 - 16 Aug 14 - 23 Aug 21 - 30 Aug 28 - Sep 6	Gents: Aug 12 - Aug 30 Ladies: Aug 26 - Sep 14	1, 7, 14, 15, 21, 28, 30	03 Adi Perukku (Thu) 15 Adi Amavasya, Independence Day - 77th (Tue) 21 Naga Panchami (Mon)	25 Varalakshmi Vratam (Fri) 29 Onam (Tue) 30 Avani Avittam (Wed)
SEP	14th 6:00 am to 15th 7:51 am	14 (Thu)	14 (Thu)	6, 13, 14, 21, 28, 29	28th 6:47 pm to 29th 4:34 pm	28 (Thu)	29 (Fri)	10 (Sun), 25 (Mon)	13 (Wed)	29 (Fri)	Sep 4 - 14 Sep 12 - 21 Sep 19 - 29 Sep 27 - Oct 6	Gents: Sep 10 - Sep 29 Ladies: Sep 25 - Oct 14	4, 11, 14, 18, 25, 29	03 Day for River Revitalization (Sun) 06 Gokulashtami (Wed) 18 Vinayagar Chaturthi (Mon) 21 International Day of Peace (Thu)	23 Sadhguru's Enlightenment Day, Autumn Equinox (12:19 pm) (Sat) 24 World Rivers Day (4th Sun) 28 Milad Nabi (Thu)
OCT	13th 10:41 pm to 14th 11:57 pm	13 (Fri) - Mahalaya Amavasya	14 (Sat)	6, 13, 14, 21, 27, 28	28th 4:01 am to 29th 2:27 am	28 (Sat)	28 (Sat)	10 (Tue), 25 (Wed)	12 (Thu)	28 (Sat)	Oct 4 - Oct 14 Oct 12 - 21 Oct 19 - 28 Oct 26 - Nov 4	Gents: Oct 8 - Oct 28 Ladies: Oct 24 - Nov 13	2, 9, 14, 16, 23, 28, 30	01 International Music Day (Sun) 02 Gandhi Jayanti (Mon) 03 World Nature Day (Tue) 11 International Girl Child Day (Wed) 13/14 Mahalaya Amavasya, Annular Solar Eclipse (Not visible in India) (Sat) 15 (Sun) to 23 (Mon) - Navratri Abhishekam - Linga Bhairavi	16 World Food Day (Mon) 23 Ayudha Pooja, Saraswati Pooja, Maha Navami (Mon) 24 Vijaya Dashami, Dussehra, Vidyaarambham (Tue) 28 Partial Lunar Eclipse (28th 11:31 pm to 29th 3:56 am) (Sat)
NOV	12th 3:10 pm to 13th 3:30 pm	12 (Sun)	13 (Mon)	4, 12, 13, 20, 25, 27	26th 3:58 pm to 27th 3:07 pm	26 (Sun)	26 (Sun), 27 (Mon)	8 (Wed), 23 (Thu)	11 (Sat)	26 (Sun)	Nov 2 - Nov 13 Nov 11 - 20 Nov 18 - 27 Nov 25 - Dec 4	Gents: Nov 9 - Nov 27 Ladies: Nov 23 - Dec 12	6, 12, 13, 20, 26, 27	12 Diwali (Sun) 14 Children's Day, World Diabetes Day (also 27th June) (Tue) 17 Karthigai - Iyyappa season starts (Fri)	26 Dhyanalinga Offering Day - 24th Year, Karthigai Deepam (Sun) 27 Guru Nanak Jayanti (Mon)
DEC	12th 6:23 am to 13th 5:49 am	12 (Tue)	12 (Tue)	4, 11, 12, 19, 25, 26, Jan 2 (2024)	26th 5:56 am to 27th 6:07 am	26 (Tue)	26 (Tue)	8 (Fri), 22 (Fri)	11 (Mon)	26 (Tue)	Dec 2 - Dec 12 Dec 10 - 19 Dec 17 - 26 Dec 24 - Jan 2	Gents: Dec 8 - Dec 26 Ladies: Dec 22 - Jan 11	4, 11, 12, 18, 25, 26, Jan 1 (2024)	05 Kalabhairava Ashtami, World Soil Day (Tue) 16 Margazhi starts (Sat) 22 Winter Solstice (8:57 am) (Fri) 23 Vaikuntha Ekadashi (Sat)	25 Christmas (Mon) 27 Arudra Darshan (Wed) 30 Agastya Jayanti (Ayilyam Nakshathram - 30th 3:11 am to 31st 5:42 am) (Sat) 31 New Year's Eve (Sun)